Samādhi

GIFTS IN WILLS

Leaving a gift to Samadhi

Once the people you love are looked after, you might like to leave something to help others find practice and community, as you did.

Generosity at the end of life

In the Buddhist tradition, generosity is one of the simplest and most powerful ways to prepare for death. The *Seven-Point Mind Training* calls it planting positive seeds: giving things away, in reality or in our mind, so there's less to cling to and more goodness planted forward.

A gift in your will is one way of doing that. It costs you nothing during your lifetime, and it can be any size. Many people find it's a natural part of thinking through a Death Plan.

What a gift helps with

Samadhi Retreat Centre is a registered charity. A gift in your will would support its work:

- teaching meditation, mindfulness and contemplative practice
- sharing the Buddhist teachings, and keeping them available for the future
- establishing and running a retreat centre

Gifts left for Samadhi's general purposes are the most useful, because they let the charity use them where they're most needed at the time.

Ways to give

A share of your estate

A percentage of what's left after family, friends and costs are taken care of. It keeps its value over time.

A fixed sum

A set amount of money. Simple to arrange, though it can reduce in value over the years.

In memory

Your family could ask for donations to Samadhi instead of flowers at your funeral. You can note this in your Death Plan.

How to include a gift

A will should be written or updated with a solicitor or a regulated will writer. If you already have one, a gift can often be added with a short amendment, called a codicil. Your solicitor will need these details:

Name	**Samadhi Retreat Centre**
Registered charity number	**1207744** (a Charitable Incorporated Organisation, England and Wales)

Suggested wording

For your solicitor to adapt. Choose one:

A share: "I give [ ]% of the residue of my estate to Samadhi Retreat Centre (registered charity number 1207744), for its general charitable purposes."

A fixed sum: "I give the sum of £[ ] to Samadhi Retreat Centre (registered charity number 1207744), for its general charitable purposes."

Your solicitor will usually add that a receipt from the charity's treasurer or another proper officer is a full discharge to your executors.

A note on Inheritance Tax

Gifts in wills to UK registered charities are normally free of Inheritance Tax. If you leave at least 10% of your net estate to charity, the tax on the rest of your estate may also be reduced, from 40% to 36%.

The rules have recently changed and depend on your circumstances, so please ask your solicitor or financial adviser. This leaflet is general information, not financial or legal advice.

Family first, and no pressure

Please only think about a gift once you've provided for the people who depend on you. There's no expectation, and no gift is too small.

You don't have to tell us about a gift. If you'd like to, it gives us the chance to thank you. Anything you share is kept private, and you're free to change your mind at any time. To talk it over, email **info@samadhi.org.uk**.